

# Green Ops – Defensive Pistol II Review



Are you looking to advance your defensive pistol training skills to another level? If you live in Northern Virginia or vicinity, give Green Ops a shot. I'll guarantee it's worth your time and it will definitely upgrade your skills to a whole new level. Seconds is life, why not train with the best?

After taking several courses over the past three years from the area's sought after defensive firearms training factory **FPF Training**, I was offered by Mike Green from Green Ops to be their special guest. It was an honor to partake in their Defensive Pistol II course. This is my first class with them.

Michael who is the director of training was the point of contact. He has years of training multiple military government agencies such as Special Forces and Ranger in the US and over seas.

Brent, who was a former LEO is the lead instructor of Green Ops and was already on the range getting ready when we arrived in our convoy with Micheal.

In Defensive Pistol II, you will be mainly shooting open carry. I started out shooting from the concealed with an open jacket since it was pretty chilly in the early morning. But as the sun came out and action heated up, I removed my cover garment. Started off the class with some few accuracy drill tests to see where everybody's skills stand at. They had us stand at the 5 yard mark shooting at small circles using various different drills. Since it was a bit on the cold side, it's a good challenge to see how well can I put rounds on target in such conditions. I did pretty well BTW.

We tackle some one handed shooting, both strong and weak. Demonstrated a few methods of how to effectively and safely transfer your pistol from your strong hand to your weak hand and vice versa.

We were shown different tactical reloading methods, and how long would it take to complete each. Students get to try out each method. I really like the part where you are not just programmed to always reload a certain way. Our options are presented, we get to pick and decide what works best depending on the situation. It is always good to have more than option.

Students were taught how to effectively and efficiently clear various types of malfunctions. Most of the malfunctions we did are the more common ones, all the way to some less common. How a stovepipe looks on a 1911 vs a Glock. The focus wasn't to much on the malfunctions which is great since more time can be spent on shooting straight and fast.

Speaking of shooting, we used a minimal of 450 rounds.

We learned how to shoot from cover, kneeling and prone. Shooting steel plates with speed and focusing on trigger control. Closer to the end of the class, we got to put our trigger control and grip to the test by shooting steel plates at a little over 50 yards.



### FBI Qualification Test drill

Last but not least, how about the FBI Qualification Test? Getting a 57/60 score was pretty impressive with the help of all the food that was fed to my brain during the course.

Despite all the training and how many gun course you can attend each year, it won't really matter if you don't practice. Dry firing is the most important piece of your training. It doesn't cost you anything, five minutes a day will really improve your drawing skills. Download some Shot Timer apps on your phone, once you can beat your last best

time, decrease the time a notch.

Then go out on the range and do the same thing. Make every round you have worth it.